

A-Z of Phobias

Ablutophobia	Fear of washing or bathing.
Acarophobia	Fear of itching or of the insects that cause itching.
Acerophobia	Fear of sourness.
Achluophobia (also Myctophobia, Scotophobia)	Fear of darkness.
Acousticophobia (also Phonophobia)	Fear of sounds, may include one's own voice.
Aeroacrophobia	Fear of open high places.
Aeronausiphobia	Fear of vomiting secondary to airsickness.
Aerophobia	Fear of drafts, air swallowing, or airborne noxious substances.
Agliophobia (also Algophobia)	Fear of pain or of being in pain.
Agoraphobia	Fear of being in crowded, public places like markets, of crowds or of leaving a safe place.
Agraphobia (also Contreltophobia)	Fear of sexual abuse.
Agrizoophobia	Fear of wild animals.
Agyrophobia	Fear of streets or crossing the street.
Aichmophobia	Fear of needles or pointed objects.
Ailurophobia (also Felinophobia, Gatophobia, Galeophobia)	Fear of cats.
Albuminurophobia	Fear of kidney disease.
Alektorophobia	Fear of chickens.
Alliumphobia	Fear of garlic.
Allodoxaphobia	Fear of opinions.
Altophobia	Fear of high places.
Amathophobia (also Koniophobia)	Fear of dust.
Amaxophobia	Fear of riding in a car.
Ambulophobia	Fear of walking.
Amnesiphobia	Fear of memory loss.
Amychophobia	Fear of scratches or being scratched.
Anablephobia	Fear of looking up.
Ancraophobia	Fear of wind.
Androphobia (also Hominophobia)	Fear of men.
Anemophobia	Fear of air drafts or wind.
Anemophobia	Fear of wind.
Anginophobia	Fear of angina or of choking.
Anglophobia	Fear of England, English culture, etc.
Angrophobia	Fear of anger or becoming angry.
Ankylophobia	Fear of immobility of a joint.
Anthrophobia	Fear of flowers.
Anthropophobia	Fear of people of society.
Antlophobia	Fear of floods.
Anuptaphobia	Fear of being alone or marrying the wrong person in life.
Apeirophobia	Fear of infinity.
Aphenphosmophobia (also Chiraptophobia, Haphephobia, Haptophobia)	Fear of being touched.
Apiphobia (also Melissophobia)	Fear of bees.
Apotemnophobia	Fear of amputees, or of amputation.
Arachibutyrophobia	Fear of peanut butter sticking to the roof of the mouth.
Arachnophobia	Fear of spiders.
Arithmophobia (also Numerophobia)	Fear of numbers.
Arrhenophobia	Fear of male offspring.
Arsonophobia	Fear of fire.
Ashenophobia	Fear of fainting or weakness.
Astraphobia, (also Astrapophobia, Brontophobia, Keraunophobia, or Tonitrophobia)	Fear of thunder and lightning.
Astrophobia	Fear of stars and celestial space.

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Asymmetriphobia	Fear of asymmetrical things.
Ataxiophobia	Fear of ataxia (muscular incoordination).
Ataxophobia (also ataxphobia)	Fear of disorder, chaos or untidiness.
Atelophobia	Fear of imperfection.
Atephobia	Fear of ruin or ruins.
Athazagoraphobia	Fear of forgetting, being forgotten, being overlooked or ignored.
Atomosophobia	Fear of atomic explosions.
Atychiphobia	Fear of failure.
Aulophobia	Fear of flutes.
Aurophobia	Fear of gold.
Auroraphobia	Fear of Northern Lights.
Autodysomophobia	Fear that one has a vile odour.
Automatonophobia	Fear of ventriloquist's dummies, animatronic creatures, wax statues or anything that falsely represents a sentient being.
Automysophobia	Fear of being dirty.
Autophobia (also Isolophobia, Monophobia)	Fear of solitude, being alone or by one's self.
Aviophobia (also Aviatophobia, Pteromerhanophobia.)	Fear of flying.
Bacillophobia (also Microbiophobia)	Fear of microbes.
Bacteriophobia	Fear of bacteria.
Balenophobia (also Belonephobia)	Fear of pins and needles or other sharp objects.
Ballistophobia	Fear of missiles or bullets.
Barophobia	Fear of gravity
Basiphobia (also Basophobia, Stasibasiphobia, Stasiphobia)	Fear of walking or standing erect
Bathophobia	Fear of depths.
Batonophobia	Fear of plants.
Batophobia	Fear of being near an object of great height, such as a skyscraper or mountain.
Batrachophobia	Fear of amphibians, such as frogs, newts, salamanders, etc.
Bibliophobia	Fear of books
Blenophobia (also Myxophobia)	Fear of slime.
Bogyphobia	Fear of demons and goblins.
Bolshephobia	Fear of Bolsheviks
Bromidrophobia (also Bromidrosiphobia)	Fear of body smells.
Bufonophobia	Fear of toads
Cacophobia	Fear of ugliness.
Cainophobia (also Cainotophobia, Centophobia, Kainolophobia, Kainophobia, neophobia)	Fear of the new, inventiveness, innovation or novelty.
Caligynophobia (also Venustraphobia)	Fear of beautiful women
Carcinophobia (also Cancerophobia)	Fear of cancer.
Cardiophobia	Fear of the heart.
Carnophobia	Fear of meat.
Catagelophobia	Fear of being ridiculed.
Catapedaphobia	Fear of jumping from high and low places.
Cathisophobia (also Kathisophobia, Thaasophobia)	Fear of sitting.
Catoptrophobia (also Eisoptrophobia)	Fear of mirrors, or of looking into or seeing oneself in a mirror.
Cenophobia	Fear of a void or of open spaces
Ceraunophobia (also Tonitrophobia)	Fear of thunder.
Chaetophobia	Fear of hair.
Cheimaphobia (also Cheimatophobia, Psychrophobia)	Fear of cold
Chemophobia	Fear of, or working with, chemicals.
Cherophobia	Fear of gaiety.
Chionophobia	Fear of snow.

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Cholero-phobia	Fear of cholera.
Choro-phobia	Fear of dancing.
Chrematophobia (also Chrometophobia)	Fear of money
Chromatophobia(also Chromophobia)	Fear of colours
Chronomentrophobia	Fear of clocks
Chronophobia	Fear of time.
Cibophobia	Fear of food.
Claustrophobia	Fear of confined spaces.
Cleisiophobia (also Cleithrophobia, Clithrophobia)	Fear of being locked in an enclosed place.
Cleptophobia (also Kleptophobia)	Fear of thieves or of loss through thievery
Climacophobia	Fear of stairs, climbing or of falling downstairs.
Clinophobia	Fear of going to bed.
Cnidophobia	Fear of strings.
Coimetrophobia	Fear of cemeteries.
Coitophobia	Fear of sexual intercourse
Cometophobia	Fear of comets.
Coprastasophobia	Fear of constipation.
Coprophobia	Fear of faeces
Coulrophobia	Fear of clowns.
Counterphobia	The preference by a phobic for fearful situations.
Cremnophobia	Fear of precipices.
Cryophobia	Fear of extreme cold, ice or frost.
Crystallophobia	Fear of crystals or glass.
Cyberphobia	Fear of computers or working on a computer.
Cyclophobia	Fear of bicycles.
Cymophobia	Fear of waves or wave like motions.
Cynophobia	Fear of dogs.
Cyprianophobia (also Cyprinophobia, Cypridophobia, Cypriphobia)	Fear of prostitutes or venereal disease.
Daemonophobia (also Demonophobia)	Fear of demons
Decidophobia	Fear of making decisions
Defecaloesisphobia	Fear of painful bowels movements.
Deipnophobia	Fear of dining and dinner conversation.
Dematophobia	Fear of skin lesions.
Dementophobia (also Maniaphobia)	Fear of insanity.
Demophobia	Fear of crowds.
Dendrophobia	Fear of trees
Dentophobia	Fear of dentists.
Dermatopathophobia (also Dermatosiophobia)	Fear of skin disease
Dextrophobia	Fear of objects at the right side of the body
Diabetophobia	Fear of diabetes.
Didaskaleinophobia	Fear of going to school
Diderodromophobia	Fear of trains, railways or train travel.
Dikephobia	Fear of justice.
Dinophobia	Fear of dizziness or whirlpools.
Diplophobia	Fear of double vision
Dipsophobia	Fear of drinking.
Dishabiliophobia	Fear of undressing in front of someone.
Domatophobia (also Ecophobia, Eicophobia, Oikophobia)	Fear of houses or home surroundings or of home life.
Doraphobia	Fear of fur or skins of animals
Dromophobia	Fear of crossing streets.
Dutchphobia	Fear of the Dutch or the Netherlands.
Dysmorphophobia	Fear of deformity.
Dystychiphobia	Fear of accidents.
Ecclesiophobia	Fear of a church or churches.

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Electrophobia	Fear of electricity.
Eleutherophobia	Fear of freedom.
Elurophobia	Fear of cats.
Emetophobia	Fear of vomiting or witnessing others vomit.
Enetophobia	Fear of pins.
Enissophobia (also Enosiophobia)	Fear of having committed an unpardonable sin or of criticism.
Enochlophobia	Fear of crowds.
Entomophobia	Fear of insects.
Eosophobia	Fear of dawn or daylight.
Epistaxiophobia	Fear of nosebleeds.
Epistemphobia (also Gnosiophobia)	Fear of knowledge.
Equinophobia (also Hippophobia)	Fear of horses.
Eremophobia	Fear of being oneself or of loneliness.
Ereuthophobia (also Ereuthrophobia)	Fear of blushing.
Ergophobia (also Ergasiophobia)	Fear of work, finding work or functioning.
Erotophobia	Fear of sexual love or sexual questions.
Erythrophobia (also Erytophobia, Erythyphobia)	Fear of the colour red.
Euphobia	Fear of hearing good news.
Eurotophobia	Fear of female genitalia.
Febriphobia (also Fibriophobia, Fibriphobia)	Fear of fever.
Francophobia (also Galiophobia, Gallophobia)	Fear of France or of French culture, etc.
Gamophobia	Fear of marriage.
Geliophobia	Fear of laughter.
Geniophobia	Fear of chins.
Genophobia	Fear of sex.
Genuphobia	Fear of knees.
Gephydrophobia (also Gephyrophobia, Gephyrophobia)	Fear of crossing bridges.
Gerascophobia	Fear of growing old or ageing.
Germanophobia (also Teutophobia)	Fear of Germany or of German culture, etc.
Gerontophobia	Fear of old people or of growing old.
Geumaphobia (also Geumophobia)	Fear of taste.
Glossophobia	Fear of speaking in public or of trying to speak.
Graphophobia	Fear of writing or handwriting.
Gymnophobia	Fear of nudity.
Gynephobia (also Gynophobia)	Fear of women.
Haemaphobia (also Haematophobia, Haemophobia)	Fear of blood.
Hagiophobia	Fear of saints or holy things.
Hamartophobia	Fear of sinning.
Harpaxophobia	Fear of thieves, robbers or of being robbed.
Hedonophobia	Fear of feeling pleasure.
Heliophobia	Fear of the sun.
Hellenologophobia	Fear of Greek terms or complex scientific terminology.
Helminthophobia	Fear of being infested with worms.
Hereiophobia (also Heresyphobia)	Fear of challenges to official doctrine or of radical deviation.
Herpetophobia	Fear of reptiles or creepy, crawly things.
Heterophobia	Fear of the opposite sex.
Hierophobia	Fear of priests or sacred things.
Hippopotomonstrosesquippedaliophobia (also Sesquipedalophobia)	Fear of long words.
Hobophobia	Fear of vagrants or beggars.
Hodophobia	Fear of road travel.
Homichlophobia	Fear of fog.
Homilophobia	Fear of sermons.

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Homophobia	Fear of sameness, monotony or of homosexuality or of becoming homosexual.
Hoplophobia	Fear of firearms or of armed citizens.
Hormephobia	Fear of shock.
Hydrargyrophobia	Fear of mercurial medicines.
Hydrophobia	Fear of water.
Hydrophobophobia	Fear of rabies.
Hyelophobia	Fear of glass.
Hygrophobia	Fear of liquids, dampness, or moisture.
Hylephobia	Fear of materialism or the fear of epilepsy.
Hylophobia (also Xylophobia, Ylophobia)	Fear of wood, wooden objects, trees & forests.
Hynophobia	Fear of sleep or of being hypnotized.
Hypegiaphobia (also Hypengyophobia)	Fear of responsibility.
Hypsiphobia	Fear of height.
Iatrophobia	Fear of going to the doctor or doctors.
Ichthyophobia	Fear of fish.
Ideophobia	Fear of ideas.
Illyngophobia	Fear of vertigo or feeling dizzy when looking down.
insectophobia	fear of insects.
Iophobia	Fear of poison
Isopterophobia	Fear of termites, insects that eat wood.
Ithyphallophobia	Fear of seeing, thinking about, or having an erect penis.
Japanophobia	Fear of Japanese or of Japanese culture.
Judeophobia	Fear of Jews or of Jewish Culture.
Kakorrhaphiophobia	Fear of failure or defeat.
Katagelophobia	Fear of ridicule.
Kenophobia	Fear of voids or empty spaces.
Kinesophobia (also Kinetophobia)	Fear of movement or motion.
Koinoniphobia	Fear of rooms.
Kolpophobia	Fear of genitals, particularly female.
Koniophobia	Fear of dust.
Kopophobia	Fear of fatigue.
Kosmikophobia	Fear of cosmic phenomena.
Kymophobia	Fear of waves.
Kynophobia	Fear of rabies.
Kyphophobia	Fear of stooping.
Lachanophobia	Fear of vegetables.
Laliophobia (also Lalophobia)	Fear of speaking.
Lepraphobia (also Leprophobia)	Fear of leprosy.
Leukophobia	Fear of the colour white.
Levophobia	Fear of things to the left side of the body.
Ligyrophobia	Fear of loud noises.
Lilapsophobia	Fear of tornadoes and hurricanes.
Limnophobia	Fear of lakes.
Linonophobia	Fear of string.
Liticaphobia	Fear of lawsuits.
Lockiophobia (also Maieusiophobia, Parturiphobia)	Fear of childbirth.
Logizomechanophobia	Fear of computers.
Logophobia (also Verbophobia)	Fear of words.
Luiphobia (also Syphilophobia)	Fear of syphilis.
Lutrophobia	Fear of otters.
Lygophobia	Fear of darkness.
Lysssophobia	Fear of rabies or of becoming mad.
Macrophobia	Fear of long waits.
Mageirocophobia	Fear of cooking.
Malaxophobia (also Sarmassophobia)	Fear of dating, kissing and foreplay.

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Mastigophobia (also Poinophobia)	Fear of punishment.
Mechanophobia	Fear of machines.
Medomalacuphobia	Fear of losing an erection.
Medorthophobia	Fear of an erect penis.
Megalophobia	Fear of large things.
Melanophobia	Fear of the colour black.
Melophobia	Fear of music.
Meningitiophobia	Fear of brain disease.
Merinthophobia	Fear of being bound or tied up.
Mertophobia	Fear of poetry.
Metallophobia	Fear of metal.
Metathesiophobia	Fear of changes.
Meterorophobia	Fear of Meteors.
Methyphobia	Fear of alcohol.
Microphobia (also Mycrophobia)	Fear of small things.
Misophobia (also Molysmophobia, Molsomophobia, Mysophobia)	Fear of being contaminated with dirt or germs.
Mnemophobia	Fear of memories.
Monopathophobia	Fear of definite disease.
Menophobia	Fear of menstruation.
Motorphobia	Fear of automobiles.
Mottophobia	Fear of moths.
Murophobia (also Musophobia, Suriphobia)	Fear of mice.
Mycophobia	Fear or aversion to mushrooms.
Myrmecophobia	Fear of ants.
Mythophobia	Fear of myths or stories or false statements.
Namatophobia	Fear of names.
Nebulaphobia	Fear of fog.
Necrophobia (also Thanatophobia, Thantophobia)	Fear of death, dying or of dead things.
Nelophobia	Fear of glass.
Neopharmaphobia	Fear of new drugs.
Nephophobia	Fear of clouds.
Noctiphobia	Fear of the night.
Nosemaphobia (also Nosophobia)	Fear of becoming ill.
Nosocomephobia	Fear of hospitals.
Nostophobia	Fear of returning home.
Novercaphobia	Fear of your step-mother.
Nucleomitophobia	Fear of nuclear weapons.
Nudophobia	Fear of nudity.
Nyctohlophobia	Fear of dark wooded areas or of forests at night.
Nyctophobia	Fear of the dark or of the night.
Obesophobia (also Pocreoscophobia, Pocreoscophobia)	Fear of gaining weight.
Ochlophobia	Fear of crowds or mobs.
Ochophobia	Fear of vehicles.
Octophobia	Fear of the number 8
Odontophobia	Fear of teeth or dental surgery.
Odynophobia (also Odynophobia)	Fear of pain.
Oenophobia	Fear of wines.
Olfactophobia	Fear of smells.
Ombrophobia (also Pluviophobia)	Fear of rain or being rained on.
Ommatophobia (also Ommetaphobia)	Fear of eyes.
Oneirogmophobia	Fear of wet dreams.
Oneirophobia	Fear of dreams.
Onomatophobia	Fear of hearing a certain word or names.
Ophidiophobia (also Snakephobia)	Fear of snakes.

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Ophthalmophobia	Fear of being stared at.
Optophobia	Fear of opening one's eyes.
Ornithophobia	Fear of birds.
Orthophobia	Fear of property.
Osmophobia (also Osphesiophobia)	Fear of smells or odours.
Ostracophobia	Fear of shellfish.
Ouranophobia (also Uranophobia)	Fear of heaven.
Paediophobia	Fear of dolls.
Paedophobia	Fear of children.
Pagophobia	Fear of ice or frost.
Panophobia (also Pantophobia)	Fear of everything.
Panthophobia	Fear of suffering and disease.
Papaphobia	Fear of the Pope.
Papyrophobia	Fear of paper.
Paralipophobia	Fear of neglecting duty or responsibility
Paraphobia	Fear of sexual perversion.
Parasitophobia	Fear of parasites.
Paraskavedekatriaphobia	Fear of Friday the 13 th .
Parthenophobia	Fear of virgins or young girls.
Pathophobia	Fear of disease.
Patroiophobia	Fear of heredity.
Peccatophobia	Fear of sinning or having committed an imaginary crime.
Pediculophobia	Fear of lice.
Peladophobia	Fear of bald people.
Pellagrophobia	Fear of pellagra (disease caused a deficiency in vitamin B3).
Peniaphobia	Fear of poverty.
Pentheraphobia	Fear of mother-in-law.
Phagophobia	Fear of swallowing, eating or of being eaten.
Phalacrophia	Fear of becoming bald.
Phallophobia	Fear of the penis (especially if erect).
Pharmacophobia	Fear of taking medicine.
Pharmacophobia	Fear of drugs.
Phasmophobia	Fear of ghost.
Phengophobia	Fear of daylight or sunshine.
Philemaphobia (also Philematophobia)	Fear of kissing.
Philophobia	Fear of falling in love or being in love.
Philosophobia	Fear of philosophy.
Phobophobia	Fear of phobias.
Phonophobia	Fear of noises or voices or one's own voice; of telephones.
Photoaugliaphobia	Fear of glaring lights.
Photophobia	Fear of light.
Phronemophobia	Fear of thinking.
Phthiriophobia	Fear of lice.
Phthisiophobia	Fear of tuberculosis.
Placophobia	Fear of tombstones.
Plutophobia	Fear of wealth.
Pneumatiphobia	Fear of ghosts or spirits.
Pnigerophobia (also Pnigophobia)	Fear of choking or of being smothered.
Pogonophobia	Fear of beards.
Poliosophobia	Fear of contracting poliomyelitis.
Politicophobia	Fear or abnormal dislike of politicians.
Polyphobia	Fear of many things.
Ponophobia	Fear of overworking or working to exhaustion.
Porphyrophobia	Fear of the colour purple.
Potamophobia	Fear of rivers or running water.
Potophobia	Fear of drinking alcohol.
Proctophobia (also Rectophobia)	Fear of the rectum or rectal diseases.

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Prosophobia	Fear of progress.
Psellismophobia	Fear of stuttering.
Psychophobia	Fear of the mind.
Pteronophobia	Fear of being tickled by feathers.
Pupaphobia	Fear of puppets.
Pyrexiohobia	Fear of fever.
Pyrophobia	Fear of fire.
Radiophobia	Fear of radiation & x-rays.
Ranidaphobia	Fear of frogs.
Rhabdophobia	Fear of being severely punished or beaten by a rod, or of being severely criticised.
Rhyphobia	Fear of defecation.
Rhytiphobia	Fear of getting wrinkles.
Rupophobia	Fear of dirt.
Russophobia	Fear of Russians or of Russian culture.
Samhainophobia	Fear of Halloween.
Satanophobia	Fear of Satan.
Scabiophobia	Fear of scabies.
Scatophobia	Fear of faecal matter.
Scelerophobia	Fear of being attacked by 'bad' men.
Sciaphobia (also Sciophobia)	Fear of shadows.
Scoionophobia	Fear of school.
Scoleciphobia	Fear of worms.
Scopophobia (also Scoptophobia)	Fear of being seen or stared at.
Scotomaphobia	Fear of blindness in one's visual field.
Scriptophobia	Fear of writing in public.
Selaphobia	Fear of light flashes.
Selenophobia	Fear of the moon.
Seplophobia	Fear of decaying matter.
Sexophobia	Fear of the opposite sex.
Siderophobia	Fear of stars.
Sinistrophobia	Fear of things to the left, left-handed.
Sinophobia	Fear of the Chinese or of Chinese culture.
Sitiophobia (also Sitophobia)	Fear of food or eating.
Soceraphobia	Fear of parents-in-law.
Social Phobia	Fear of being evaluated negatively in social situations.
Sociophobia	Fear of society or people in general.
Somniphobia	Fear of sleep.
Sophophobia	Fear of learning.
Soteriophobia	Fear of dependence on others.
Spacephobia	Fear of outer space.
Spectrophobia	Fear of spectres or ghosts.
Spermatophobia (also Spermophobia)	Fear of sperm.
Speksophobia	Fear of wasps.
Staurophobia	Fear of crosses or the crucifix.
Stenophobia	Fear of narrow things or places.
Symbolophobia	Fear of symbolism.
Symmetrophobia	Fear of symmetry.
Syngenesophobia	Fear of relatives.
Tachophobia	Fear of speed.
Taeniophobia (also Teniophobia)	Fear of tapeworms.
Taphophobia (also Taphophobia)	Fear of being buried alive or of cemeteries.
Tapinophobia	Fear of being contagious.
Taurophobia	Fear of bulls.
Technophobia	Fear of technology.
Teleophobia	Fear of definite plans. Fear of Religious ceremony.
Telephonophobia	Fear of telephones.

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Teratophobia	Fear of bearing a deformed child, fear of monsters or deformed people.
Testaphobia (also Testophobia)	Fear of taking exams & tests.
Tetanophobia	Fear of lockjaw or tetanus.
Textophobia	Fear of certain fabrics.
Thalassophobia	Fear of the sea.
Theatrophobia	Fear of theatres.
Theophobia (also Zeusophobia)	Fear of gods or religion.
Theologicophobia	Fear of theology.
Thermophobia	Fear of heat.
Tocophobia	Fear of pregnancy or childbirth.
Tomophobia	Fear of surgical operations.
Topophobia	Fear of a certain place or location.
Toxiphobia (also Toxophobia, Toxicophobia)	Fear of poison or of being accidentally poisoned.
Traumatophobia	Fear of injury.
Tremophobia	Fear of trembling.
Trichinophobia	Fear of trichinosis (disease caused by parasitic worms usually from infected/undercooked pork).
Trichopathophobia (also Trichophobia, Hypertrichophobia)	Fear of hair.
Triskaidekaphobia	Fear of the number 13.
Tropophobia	Fear of moving or making changes.
Trypanophobia	Fear of injections.
Tuberculophobia	Fear of tuberculosis.
Tyrannophobia	Fear of tyrants.
Urophobia	Fear of urine or urinating.
Vaccinophobia	Fear of vaccination.
Verminophobia	Fear of germs.
Vestiphobia	Fear of clothing.
Virginitiphobia	Fear of rape.
Vitricophobia	Fear of one's step-father.
Wiccaphobia	Fear of witches and witchcraft.
Xanthophobia	Fear of the colour or the word yellow.
Xenophobia	Fear of strangers or foreigners.
Xerophobia	Fear of dryness.
Zelophobia	Fear of jealousy.
Zoophobia	Fear of animals.